Does it cost more for women to dress well today than it did ten years ago? No, it costs less and even with this re-duced expense women can look better

How much should a woman spend upon

VOMAN'S HERALD

Devoted to the Household, the Fashions and the Activities of-Women.

9 MARY MARSHALL, Editor

DAILY DEPARTMENT OF THE WASHINGTON HERALD.

tired sales people won't be a bit the worse for your extra purchases.

Buy a Christmas tree, deck your houses with holly wreaths, hang up your stocking, play Santa Claus, and don't forget to have some mistletoe.

very best day in the year, forget the war. Make this your Christmas resolution for the whole day not to mention anything depressing, and don't even think the Brown Bear.

He had just lain down in the sun-

TOMORROW'S MENU.

Wednesday, Dec. 16 "For he on honey dew path fed and drunk the milk of Paradise."

BREAKFAST. Uncooked Cereal and Cream. Creamed Dried Beef.

LUNCHEON Baked Eggs Quince Jelly Fresh Rolls

Grapefruit in Cups Sponge Cake DINNER. Clear Tomato Soup Broiled Beefsteak Scalloped Potatoes Brussels Sprouts Watercress

Creamed Dried Beef-Dried beef sould Red Fox. always be washed before it is used. Heat And this made Red Fox very angry a pint of milk for a cupful of dried beef "Oh," said he, "that's easy. Why shredded. Add a tablespoonful of butter don't you climb to the top of the tallest to the milk and roll the beef in flour Add to the milk and cook until thick Serve on crisp buttered toast.

Orange Jelly with Soft Custard

Brussels Sprouts-A delicious way to cook brussels aprouts may be occasionharder to digest this way than simply served with butter or white Boil them until they are tender and drain them in a collander. them in flour, and then dip in beaten and crumbs. Fry in deep fat. Pile a pyramid and serve with tomato

Baked Eggs-Poach eggs and slip them sult and pepper. Cover with thick white sauçe and bake five minutes.

What's in a Name?

A puzzling question has just come be the California Court of Appenia, Mrs. J. R. White, of San Diego, law student, is applying for admission to the bar under the name of her former husband. Mrs. White contends that there is pothing in the statutes requiring a woman to accept her hus-

Blood Remedy Sustains World

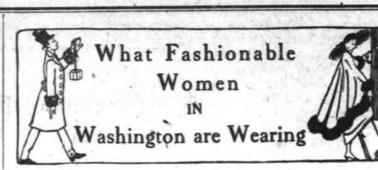
Myriads Have Learned of Its Remarkable Curative Value.



From the very fact that S. S. S., the famous blood purifier is a natural medi-cine, it is opposed by those who can not give up mercury and other dangerous drugs. Habit is a strange master. Af-flicted people use mercury with a blind force of habit. Not warned by the rheumatism they see all around them, unmindful of the locomotor ataxia, paralysis and other dreaded results of mineral polsening, they cling to the fast disappearing treatment so surely and positively being replaced by S. S. s. wherever the light strikes in. S. S. S. is fast becoming the world's panages for all blood coming the world's panacea for all blood troubles because it is welcome to a weak strongch, is taken naturally into the blood, is a wave of purifying influence known by its remarkable curative results, and is the standby of a host of people. It goes into the blood and remains a strong

It goes into the blood and remains a strong medicinal influence to the end and this without any other effect than that of a purely cleansing property.

It is the most universally recommended blood remedy known, and has sastained its reputation for half a century. Its ingredients are Nature's definite and the continuous statements. mite antidotes for germs that create our worst affictions. Get a bottle today of any druggist. Refuse all substitutes. Weste the medical department, The Swift Specific Co., 62 Swift Bldg., Atlanta, Ga., for free advice on blood troubles, and how come them. This department is one of the finest helps to men to be found anywhere, and it is entirely free.



The Daily Children's Story

FEEL OF THE SKY.

shine by the side of Mother Brown Bear to take his afternoon nap. The other animals thought the Bear family very lazy because they spent so much of the time sleeping, but just the same Little Brown Bear always took an afternoon nap. Mother Brown Bear told him it would make his eyes bright.

"I know what the sky is made of. It's made of blue flowers pieced together—like the forget-me-nots and blue gentian that grow by the side of the brook."

This was just what Mr. Fox had hoped

like the forget-me-nots and blue gentian that grow by the side of the brook."

At these words all the animals began to laugh.

"Well," snapped Mrs. Red Squirrel, very much hurt, "I'd like to know what you know about it." And she frisked up into the branch of a tree and began to acold at the top of her voice.

Just at this moment Red Fox came along, looking very cross and disagreeable, for he had not had any lunch. White Rabbit and Mrs. Red Squirrel scampered away when they saw Rew Fox coming, for they thought he looked hungrily at them, but Little Brown Bear as Mother Brown Bear shook him and growled a scolding at him and helped him brush the dust from his coat. "Why didn't you ask me?" said Mother Brown Bear. "I could have found out from Mrs. Sparrow."

TODAY'S FASHION NOTE.



And above all, just for the day, the LITTLE BROWN BEAR TRIES TO pine tree in the forest and feel of the as you do that the sky is far above the tree-tops.

Mother Brown Bear was asleep by this

"What is the sky made of?" asked Lit-tle Brown Bear.

He had just lain down in the sun-shine by the side of Mother Brown Bear The other.

Mother Brown Bear was asleep by this time. She had always warned Little Brown Bear not to wander away from home and not to trust Red Fox. But Little Brown Bear forgot this and was

mgrily at them, but Little Brown
ist grunted.
"Hello, old cross-patch." he said to
sed Fox. "What's the sky made of."
this made Red Fox very angry.
"that's easy. Why
"that's easy. Why
"that's he tallest brown Bear, "I could have some from Mrs. Sparrow."
"Well. I didn't find out," said Little
Brown Bear, ashamed, "and I wish I knew."

what do you think it's made of? It's

HOROSCOPE.

"The stars incline, but do not compel,"

Tuesday, December 15, 1914. Astrologers read this as an uncertain day, for although Venus and Neptune are in benefic aspect. Mars is strongly

planet, believed to sway men to ward warlike impulses, is in a place held to indicate a continuation of the world conflict with added horrors. There is a sign interpreted to mean famine and sickness that will increase the death toll. With the approach of the new year December 15-Catherine of Aragon, Washington, Women and Women's A DOZEN INEXPENSIVE many sinister eigns are said to threaten the royal familles of Europe. The King of England has the prognostication of

EXCORTESPONDERS IN 1984.

THE Best Christmas Ever.

Tou really deserve a very merry Christmass this year. You have worked right willingly and with good cheer for the war victims, for the Belgians, and for the poor in our own country. You have gone without some of the pretty frecked you had planned for this year so that you would have money to give to those who had less, and you have spent many hours when you might have been adiagnating stitches to your own wardrobe in sew ing financel shirts and polarises of the source with considering stitches to your own wardrobe in sew ing financel shirts and polarises of the source of the ward victime. If you think you can you are probably feeling sourced?

Now the holy branches are on display in the store windows. Menager pushing handcarts ladde with christmas presents that year with the store windows. Menager pushing handcarts ladde with christmas presents that year with the store windows. Menager pushing handcarts ladde with christmas presents that year with the broad black gros grain in sand and field with the were lock as though bought through the street, and make the street of the ward of the work of the poor soldiers.

You need the relief. You can't go right to those with found and somewhat pudgy arms and the evening reception. The gives for street wear is still permissable—at least the poor soldiers.

You need the relief. You can't go right on the wedding contained the policy for the poor soldiers.

You need the relief. You can't go right on the wedding contained the we

The Cost of Woman's Dress

Christine Becker.

FAMOUS

WOMAN

Birthday

And

Yours

CHAS ERGHMAN

it's all right, have it sent home, then or shouldn't spend upon her clothes is ent ones, and never did women dress

Mrs. Sparrow laughed at Little Brown Bear's surprise and flew away. And Little Brown Bear walked quietly home after Mother Brown Bear, sure that next time he would be a good Little Brown Bear and obey his mother.

Mrs. Sparrow laughed at Little Brown Bear walked quietly home is to it.

"Last summer I bought a dress for the professional told the man from others too numerous to mention."

"I don't think the woman of today overdresses or underdresses. There are ried and had two bables to look after. You know, I have responsibilities now than I didn't have a few years ago.

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"I don't think the woman of today overdresses or underdresses. There are reasonable and had two bables to look after. You know, I have responsibilities now that I didn't have a few years ago.

"How?" was the eager query.

"West." said the professional told the man from think the woman of today.

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"West." said the professional told the man from the woman of today.

"How?" was the eager query.

"Wow?" and the professional told the man from the woman of today.

"How?" was the eager query.

"Wow?" was the

ed. She refused to have the legality of her own marriage questioned and she refused also to have the position of her little daughter Mary, who was at her little daughter Mary, who was at the time heir to the throne, disputed. But fortunately for Catherine she died before Henry found it necessary to meet out to her the fate that was in store for his later wives. Catherine is described as fair and plump. She was dignified and tactful and was in many ways the most admir-able of all the wives of Henry VIII. (Coprish, 1981.) Calendar



There will be a reception at the Flor

Clubs Federation Invited.



CHRISTMAS GIFTS

terial. Medium size requires are and one—High School will be taught how to Catherine had for many years aved a G. W. Fairchild, and are John H. Mclife as strict as that of a cloistered Gruder.

life as strict as that of a cloistered Gruder.

life as strict as that of a cloistered former.

life as strict as that of a cloistered former many years aved a G. W. Fairchild, and are John H. Mclife as strict as that of a cloistered former many years aved a G. W. Fairchild, and are John H. Mclife as strict as that of a cloistered former many years aved a G. W. Fairchild, and are John H. Mclife as strict as that of a cloistered former many years aved a G. W. Fairchild, and are John H. Mclife as strict as that of a cloistered former many years aved a G. W. Fairchild, and are John H. Mclife as strict as that of a cloistered former.

Miss Eleanor De G. Cuyler is third on it would be easy to force her retirement it would be easy to force her retirement from the position of queen, but Cathlife as strict as that of a cloistered former.

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it was



The Meringue and Method of Making It

Few American cooks understand the possibilities of the meringue. Most of them can make a so-called meringue to add to a lemon pie or a chocolate pudding. Even this many of them do poorly. But the separate meringue, that is baked by itself and then flavored by means of some filling, or else flavored before it is baked, is unknown to many home cooks.

To begin with, a word about the sort of meringue that tops one of America's greatest delicacles, the lemon-meringue pie. There is no excuse for the rubbery, flat, sticky mess so often called a meringue. For a meringue of perfect lightness and tenderness is as easy to make as the other more usual sort.

Use fresh eggs, and have them cold. Separate the yolks and whites carefully, so that no trace of yolk is mixed with crushed fruit makes another good filling. Bananas, peaches, plum pulp, apricots and berries can be used in this way.

Meringues and stend them in the meringues and stand them in the meringues and stend them two of the meringues. There are many ways of using these meringues. The center of each can be filled with strawberry jam or apricot marmaiade or any other fruit filling, and then two of the meringues can be pressed together and served. Whipped cream mixed with crushed fruit makes another good filling. Bananas, peaches, plum pulp, apricots and berries can be used in this way.

Meringues panaches are made by filling the centers of the meringues with vanilla lice cream—and a plut will fill a dozen meringues—and then joining two together, putting them on a plate, and decorating them with whipped cream, flavored with sugar and vanila.

Meringues can be flavored in the making them of alt can be added before you beat the eggs, if you sometimes have

bing will make it.

A pinch of salt can be added before you beat the eggs, if you sometimes have difficulty in whipping eggs stiff. Then beat them until they are dry, and so stiff that they hold their shape when turned upside down. Then add sugar. Granulated augar is far the best. Some recipes calf for powdered sugar, but always substitute granulated sugar and beat it thoroughly into the eggs. Use a rounded tablespoonful for every egg white and beat it until the egg is smooth. Next comes the baking. Brown the meringue in a warm, but not scorching hot over. When it is browned a light.

When you are making flavored in the making, instead of depending on the filling for flavoring. One sort of meringue is made with flavoring. One sort of meringue is made with flavoring. The bary and chopped nuts ready. Beat the whites of three eggs, and add a pinch of salt and two cupfuls of sugar. The large amount of sugar is necessary because of the other ingredients used. Then add a tablespoonful of clear lemon juice and the cupful of chopped nut meats. Form on a board and bake for an hour.

When you are making flavored meringues can be flavored in the making, instead of depending on the filling for flavoring.

Next comes the baking. Brown the meringue in a warm, but not scorching hot oven. When it is browned a light, golden shade, open the oven door and pull it to the front of the oven. Let it stand there three or four minutes, and then three three or four minutes, and they stand it in a sheltered corner where no stand it in a sheltered corner where no let wantle the vanilla, to another some almond extract to another some almond extract. stand it in a sheltered corner where no draft can possibly blow on it. It is a sudden change of temperature, or a sudden gust of cold wind, that makes many meringues fail. But a meringue madewith granulated sugar—which makes a much stronger fabric than powdered sugar does—and cooled gradually after it has been gradually browned, runs little meringues is agents.

Another way to vary the meringues is add the flavoring and coloring matter.

risk of a fall.

The cooked meringues which are served for dessert are not easy to make. The difficulty lies in their cooking. They must be dried, rather than baked. Yet they must not be dried too slowly, as this toughens them. A failure and a successful making will teach her more than all the directions in the world.

One white of egg makes a dozen meringues. Beat the egg to a suff froth, and for each egg and a guarter of a cup-recipe for kisses can be adopted to the

to add the flavoring and coloring matter

and for each egg add a quarter of a cup-recipe for kisses can be adopted to the ful of sugar and a tiny pinch of salt. making of meringues. the when he defeated Welsh it took cool THE GREAT WHITE WAY

By O. O. M'INTYRE. New York, Dec. 14.-Jerome Beatty has New York, Dec. IC-Jerome Beatty has been appointed successor to Grantland of "The Prisoner of Zenda," and was probably the first American actor of his

Two things have saved Jersey City from oblivion—mosquitoes and Young Shugrue.

If it were not for the New York laws told that the next number on the bill Shugrue would be light-weight champion was the great Efram Zimbailst, the

of England, here.

But it is not of the fight we wish to speak of but Shugrue himself. Jersey City has never considered him seriously the speak of but Shugrue himself. Jersey Webster "I always thought he was a typographical error." they never consider the home town boys eriously. Everybody knew him when—. But Shugrue was undaunted—just like Frank Merriweil used to be-and he started out for a trip around the world looking for pugilists to conquer. He whipped a string of fighters in Australia that would pile up as high as the Woolworth tower and then he came home. How the old town changed: Bands

heads to keep them from giving him the city. Shugrue's life in Jersey City City would make a good George Ade fable.

habit of falling heir to fortunes he went into the movies. He posed for a num-

sky is made of," whined Little Brown Bear as Mother Brown Bear as Mother Brown Bear shook him and growed a scolding at him and help-dhim brush the dust from his coat.
"Why didn't you sak met" said Mother Well, I didn't find out," said Little Brown Bear, "I could have found out from Mrs. Sparrow," called out Mother Brown Bear, ashamed, "and I wish I knew."

"Well, I didn't find out," said Little Brown Bear, and ittings is obviated. You see a frock hus, "but, you silly Little Brown Bear, this find you think it's made of?"

"Thave often been up in the sky," chirped Mrs. Sparrow from a nearby hus, "but, you silly Little Brown Bear, it's far, above the treatops. And in the shop that you like, try it on, find had you think it's made of?"

"Wall, I show if the shop that you like, try it on, find had of you think it's made of?"

"Thave often been up in the shop that you like, try it on, find how it's made of?"

"Thave often been up in the shop that you like, try it on, find had of you think it's made of?"

"Thave of the per Bear, Beatty is not a stranger to Park Row, He left a year ago to knockabout the country a bit-standing to try the experiment. That was only a year or so ago—and then the first of the year. Beatty is not a stranger to Park Row, He left a year ago to knockabout the country a bit-standing to try the experiment. That was only a year or so ago—and the try of him checket's earn supposed fall was a far for him the standing to try the experiment of him checket's earn supposed fall was a far for him and helps that it is far of the year. Beatty is not a stranger to Park Row, He left a year ago to knockabout the country a bit-standing to try the experiment. That was only a year or so ago—and the try of him here were year. Beatty is not a stranger to Park Row, He left a year ago to knockabout the country as the first of the year. Beatty is not a stranger to Park Row. That was only a year ago to include the first and only and the park was a salled back. He brings was called back. He brings was called back. He b

of the world for trimming Freddy Welsh, violinist.

"Do you mean to say there is such

The Cuban Woman's Name.

In Cuba married women always retain their maiden names in addition to that of their husbands.

Recent statistics in Japan show the males in Japan outnumber the women !played, the mayor welcomed him and only 167,775.

GROGAN'S

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There are hundreds of most acceptable gifts in our great stock of homefurnishings. See our new department for children.

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To those who have had accounts with us in the past we wish to say that these are not considered as closed—they are simply inactive, and may again be used at any time. If you wish to do this with Christmas purchases we shall be glad to grant an extra privilege; no payment whatever will be asked until February 1, 1915.

To new customers we can only say that accounts opened at this time will be arranged with exceptionally easy terms. From the above offers you will see the advantages of being considered an old patron. Make your beginning now.

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